



## PORK STREAKY BACON

### **Cooking Instructions:**

Defrost fully before use. To thaw, place the pack in the refrigerator compartment until soft. For quick defrosting hold pack under running water or fully submerge the pack in cold water. Grill or fry with a little oil until golden brown.

### **Nutrition facts :**

<b>Nutritional information</b>			
<b>About 1-2 serving per pack (For 150g Packs)</b>			
<b>About 4 serving per pack (For 400g Packs)</b>			
<b>*Serve Size 100g</b>			
<b>Nutritional Information</b>	<b>Per 100g</b>	<b>% RDA *Per Serving</b>	
Energy (Kcal)	245.95	12.30	
Protein g	14.66	29.32	
Total Carbohydrate g	18.95	6.89	
Total Sugars g	1.32		
Added Sugars g	<0.5	<0.5	
Dietary fiber	0.99		
Total Fat g	12.39	18.49	
Saturated Fat g	3.64	16.55	
Trans Fat g	0.05	2.50	
Cholesterol mg	32.46	10.82	
Sodium mg	1105.44		

### **Ingredients Used**

Pork (88%), water, iodised salt, emulsifier (INS451, INS452), sugar, antioxidant (INS300), preservative (INS250)

