



Chicken Sausage

Cooking Instructions:

Defrost fully before use. To thaw, place the pack in the refrigerator compartment until soft. For quick defrosting hold pack under running water or fully submerge the pack in cold water. Grill or fry with a little oil until golden brown.

Nutrition facts :

Nutritional Information	Per 100g	% RDA *Per Serving
Energy (Kcal)	157.9	7.90
Protein g	12.11	24.22
Total Carbohydrate g	7.25	2.64
Total Sugars g	0.94	
Added Sugars g	<0.5	<0.5
Dietary fiber	1.12	
Total Fat g	8.94	13.34
Saturated Fat g	2.94	13.36
Trans Fat g	0.04	2.00
Cholesterol mg	28.02	9.34
Sodium mg	642.75	

Allergen Information

Contains Soya & Wheat

Ingredients Used

Chicken meat (65%), water, cereal binder- rusk powder, thickener (INS1442), iodized salt, isolated soya protein, spices and condiments, emulsifier (INS 450, INS 451), stabilizer (INS 452), antioxidant (INS300), preservative (INS 250)

